

STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: October 10-17, 2026

Saturday
October 10

Elementary Flag FB (Grades 1-6) 10-11 AM
State Marching Band Competition @ Columbus - Bus/Van leave @ 6:15AM
Falls City Invite - 9AM - Vans leave @ 6:45AM - Schedule on back
Lewiston JH VB Tournament - 8AM - Van leaves @ 6:45AM - Bracket on back

Sunday
October 11

HS VOLLEYBALL PRACTICE: 4-5:30PM

Monday
October 12

Breakfast: Muffin, Ham, Egg, Fruit, Milk, Juice
Lunch: Chicken Noodle, Roll, Fruit, Veggie, Salad Bar, Milk
JH/JV FB @ Lewiston - 3/4:30PM - Bus leaves @ 1:30PM
Pioneer Conf VB Tourn vs. Lewiston @ J-B - 4:30PM - Vans leave @ 2:45PM - Bracket on back
FOOTBALL PRACTICE: TBA

Tuesday
October 13

Breakfast: Omelette, Hash Brown, Yogurt, Fruit, Milk, Juice
Lunch: Corn Dog, Mac & Cheese, Fruit, Veggie, Salad Bar, Milk
3rd/4th Grade Field Trip to Pawnee City - Bus leaves @ 8:30AM
6th Grade to Senior Center - 9:45AM
Pioneer Conference VB Tournament - Bracket on back
Youth VB Practice: 6:00-7:30PM - GYM
FOOTBALL PRACTICE: 4-6PM

Wednesday
October 14

Breakfast: Sandwich, Yogurt, Fruit, Milk, Juice
Lunch: Chicken & Waffles, Fruit, Veggie, Salad Bar, Milk
Apply2College (Seniors)
JH VB vs. LCC - HOME - 2PM
VOLLEYBALL PRACTICE: 4-6PM
FOOTBALL PRACTICE: 4-6PM

Thursday
October 15

Breakfast: Cinnamon Roll, Egg, Ham, Fruit, Milk, Juice
Lunch: Vegetable Beef Soup, Corn Bread, Fruit, Veggie, Salad Bar, Milk
5th Grade Field Trip to Morrill Hall - Bus leaves @ 8:40AM
VOLLEYBALL PRACTICE: 4-6PM
FOOTBALL PRACTICE: 4-6PM

Friday
October 16
EARLY OUT
@ 2:04PM

NO PRESCHOOL/PRE-KINDERGARTEN - END OF 1ST QUARTER

Breakfast: Pop Tart, Yogurt, Ham, Fruit, Milk, Juice
Lunch: Taco, Rice, Fruit, Veggie, Salad Bar, Milk
VOLLEYBALL PRACTICE: 4-5PM
FB @ Pawnee City - 7PM - Bus leaves @ 4:20PM

Saturday
October 17

Elementary Flag FB (Grades 1-6) 10-11 AM
Pioneer Conference VB Tournament Finals - Bracket on back

*This institution is an equal opportunity provider. *Menu is subject to change without notice.

www.sterlingjets.org [Facebook](#)

The Jet Way: Responsibility Starts at Home - Showing the Jet Way starts with small jobs! Give your child a daily responsibility, such as feeding a pet or setting the table. Celebrate their effort to follow through.

ACADEMIC SUCCESS: MRS. SALBERG

DETENTION: MRS. GORACKE

! MORE INFO ON BACK ↓

PLAY PRACTICE: M-F @ 7AM

JH VB Extended
Practice Schedule
*October 12
*October 13
*TBD based on HS VB

FALLS CITY VB - 10/10/26

9AM: Falls City vs Sterling

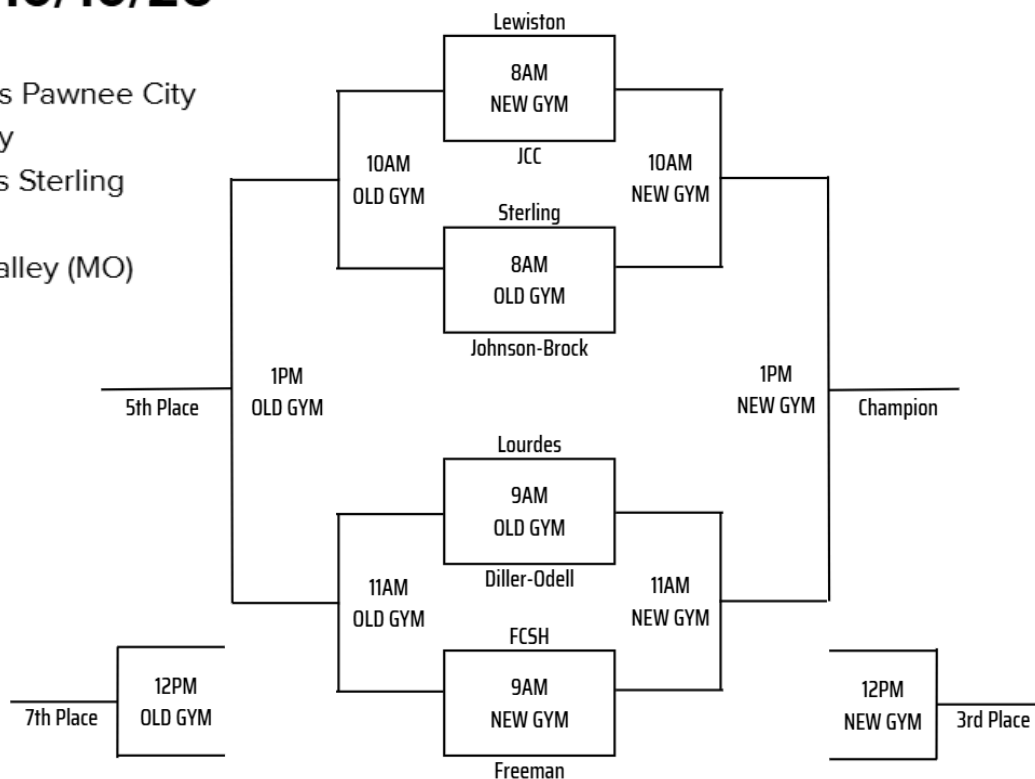
10AM: Nodaway Valley (MO) vs Pawnee City

11AM: Falls City vs Pawnee City

12PM: Nodaway Valley (MO) vs Sterling

1PM: Pawnee City vs Sterling

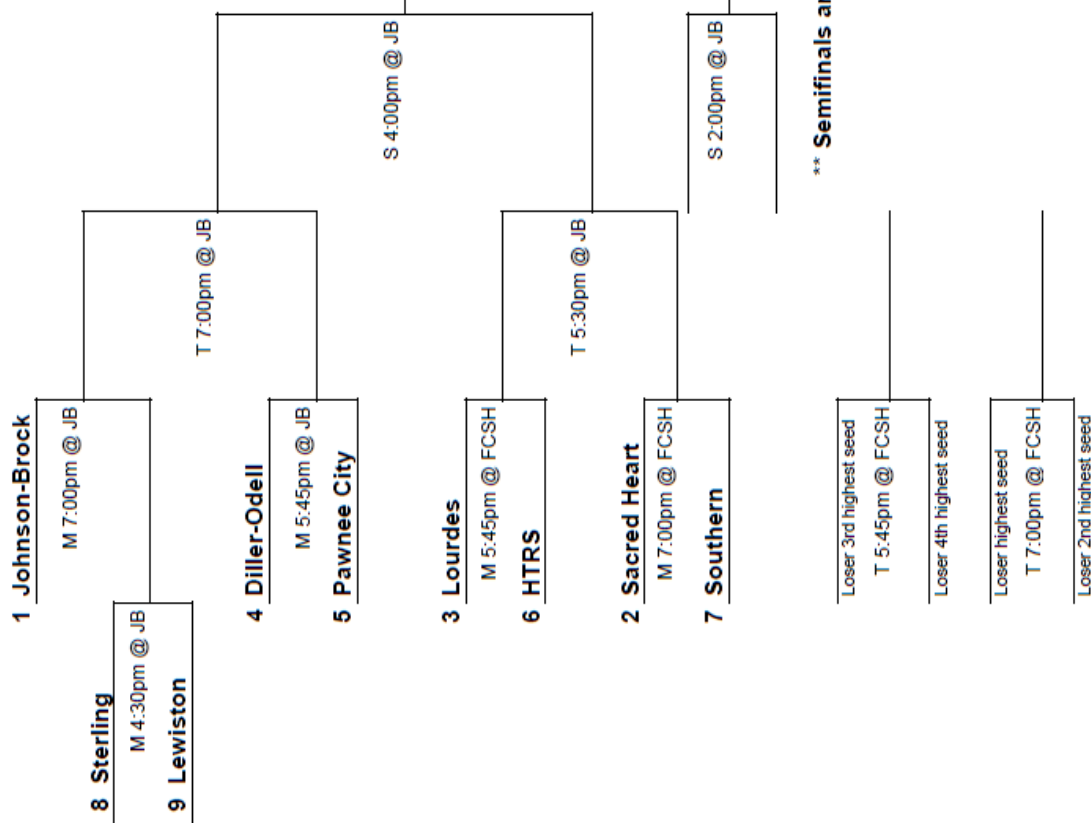
2PM: Falls City vs Nodaway Valley (MO)



Pioneer Conference Volleyball 2026

Monday, October 12 ~ Tuesday, October 13 ~ Saturday, October 17, 2026

Hosted by JB & FCSH



*** Semifinals and Finals are Best 3 of 5 ***